

A skateboarder wearing a watermelon-patterned helmet and a black t-shirt is performing a backside board slide on a paved surface. The skateboarder's arms are outstretched for balance, and their front foot is on the tail of the board while the back foot is on the ground. The background features a chain-link fence and green foliage.

Backside **board**

By **Alen (Safe Base)**

I have been skateboarding for two years. It took awhile to do a "Backside 180" (photo). I like doing "Board Slides" and "Kick Flips". I have a goal to land my first "Tre Flip".

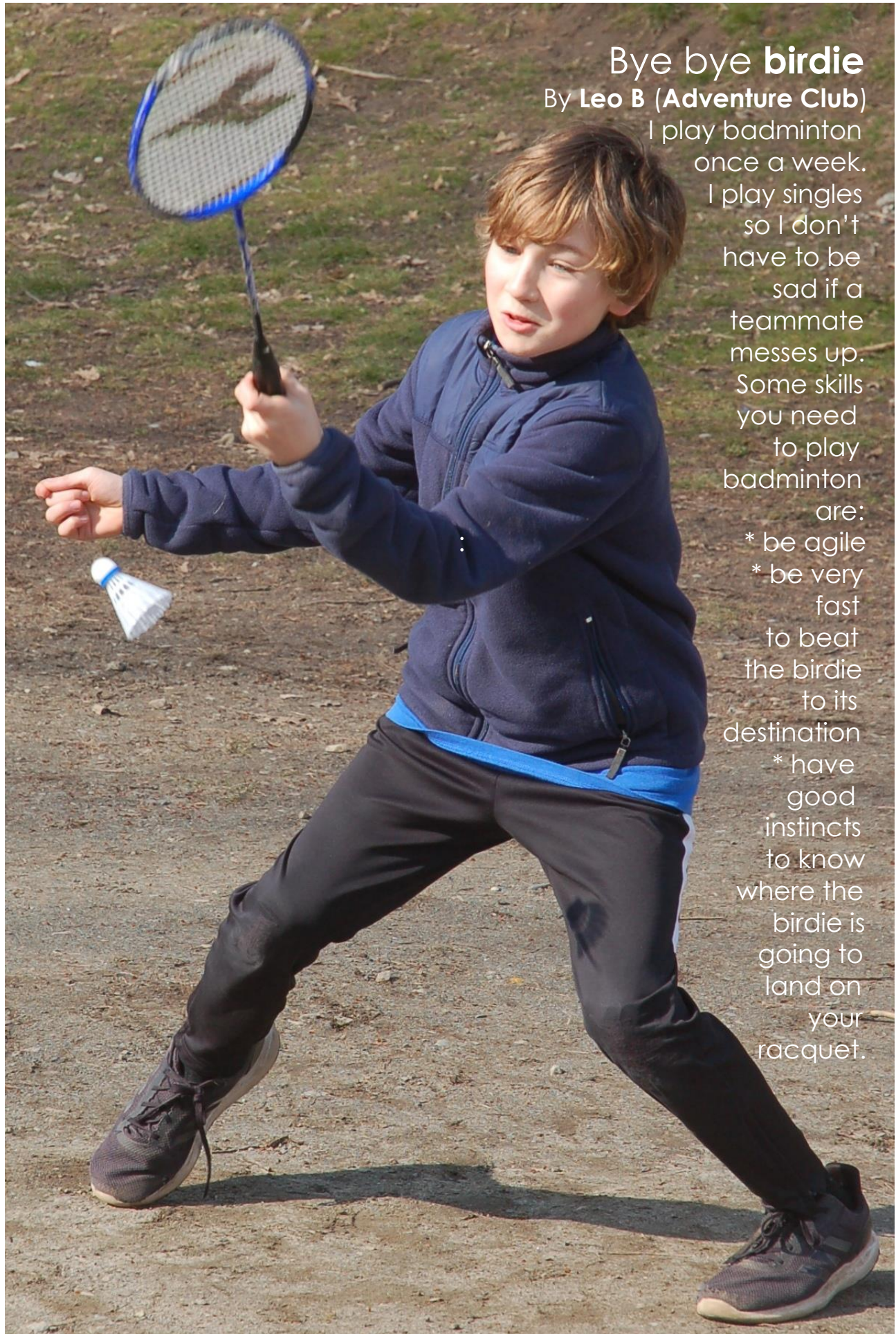


My goal is to **stop goals**

By **Jesse (Adventure Club)**

I want to be a hockey goalie. I like the exercise and challenge. After I make a save I feel proud. After I let in a goal I feel frustrated but I keep playing because hockey is my sport.

Playing



Bye bye **birdie**

By **Leo B (Adventure Club)**

I play badminton
once a week.

I play singles
so I don't

have to be
sad if a

teammate
messes up.

Some skills
you need

to play
badminton

are:

* be agile

* be very
fast

to beat
the birdie

to its
destination

* have
good

instincts
to know

where the
birdie is

going to
land on

your
racquet.



Racquet reach

By **Alexis (Adventure Club)**

I started playing tennis when I was really young. I took lessons at the YMCA. My best stroke is backhand.



Skip it

By **Lora (Discovery Club)**

Running and skipping
can be hard
when you first learn
to do it.

You have to focus
on the rope
and
jump
over
it

before
It
touches
your
feet.

Concentrate!
Watch
where
you
are
going.

A young boy with short brown hair is shown in profile, performing a limbo move. He is crouching low to the ground, with his knees bent and his body angled towards the right. A thick, multi-colored rope (pink, green, and black segments) is stretched horizontally across the frame, passing just above his head. The boy is wearing a grey long-sleeved shirt with a white graphic of a motorcycle and the number '92' on the front, blue jeans, and blue and grey sneakers. The background is a grassy field with some dirt patches. The lighting suggests it's daytime, with shadows cast on the ground.

Go low to limbo

By **Felipe (Discovery Club)**

I practised limbo when I lived in Brazil. I can go under a rope without touching it. It is easy to bend my knees and turn my head. I can also do a cartwheel over the rope.



Helicopter spins so **jump...jump...jump...jump...jump**

By **Athena (Explorer Club)**

Lora (Discovery Club) and I went to the gravel field to play helicopter.

Helicopter is a fun game for anybody.

First you need a skipping rope**e**
and two or more people**le**.

The person who sp**i**ns the rope

Could get dizzy for sure.

The people who jump **o**ver the rope

go up...down...up**p**...down...up...down until the rope stops.

If you st**e**p on the rope you become the spinner.

Everybody gets **e**xercise and sweaty.

After playing helicopter I dr**a**nk my whole water bottle.



Way to **wiggle**

By **Kaija (Explorer Club)**

Hula hoops are fun
when you need exercise.
You can wiggle your hips,
your arms or your legs.



Pretzel pose

By **Kylie (Explorer Club)**

Sometimes it feels like the earth is upside down when I am on the monkey bars. It is easy to put my feet on top of my arms because I do gymnastics.



"I can throw a football high and way far," says **Andre (Preschool)**.



"I go fast and turn in a circle," says **Musa (Preschool)** on plasma car.

Walking the dog

A stroll at 1350 West 67th Avenue in June 2019 revealed:

Sing along or swing along to “Baby Shark” played by **Tiger (Adventure Club)** on the playground xylophone bars. Just “Doo Doo Doo Doo Doo Doo” it.

“I’m making my own toys,” says a proud **Logan (Explorer Club)** drawing Transformers on cardboard tubes. Reduce, Re-use, Recycle and Rejoice.

Jeran (Safe Base) creates a helicopter and a car. Making Meccano move.

Photo: **Nice, Katie (Explorer Club)**: bubble buddies...“got to catch them all”

